



Concerts in Care

s a professional violinist who played with the Calgary Philharmonic Orchestra for a decade, Laura Reid is used to an audience. But when she performs with the Health Arts Society of Alberta's (HASA) Concerts in Care program, she says, the intimate setting adds extra impact.

Carrying her violin into a care home to play a concert for seniors feels like "walking into someone's living room," Reid says.

"I always come away from those concerts feeling like there's meaning in what we do. We can take things for granted as able-bodied people who live independently, but music is about quality of life and we all deserve that."

The Concerts in Care program has brought thousands of performances to care homes across Canada since launching in 2006. The program only arrived in Calgary last year, but the impact is already clear to Meran Currie-Roberts, executive and artistic director of HASA.

"We have more than 30 musicians on the roster in Calgary, and it's growing every day," she says. "And the artists love it. They tell me that they are often in tears when the elders start singing

> along to the pieces that move them, and they thank me for opening their eyes to a whole other community that they didn't know before."



High-quality, professional music

Ensembles play different styles of music including classical, opera and jazz for each of the hour-long performances. Based on the premise of bringing high-quality, professional music to elders in care, all of the musicians are paid union scale and pension for their work.

The concerts are subsidized to keep costs low for the care homes. Currie-Roberts says that's an important factor because the average entertainment budget for these facilities is just \$75 to \$100 per month.

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client." she adds.

and recalls many conversations with seniors who tell him how much they miss seeing music performed live. When he sees their smiling faces in the audience, he's thankful to share the gift of music with such a grateful group.

"And that's for everyone, not just one

Michael Hope has been performing

as a bassoonist and vocalist with HASA

"I really think that listening to live music is a birthright for everybody," he says. "It's sad when people are not able to experience that, so going into places like this is a joy."

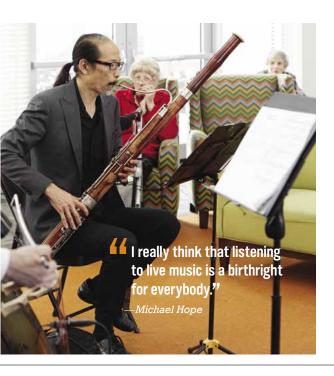
This year, HASA will perform more than 350 concerts for elders in care across Alberta, and Currie-Roberts says she hopes to expand the program to more communities.

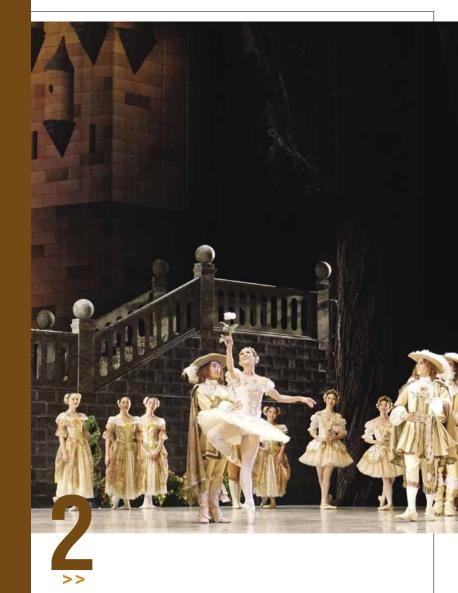


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Alberta Ballet's Set Assembly Kits

s audiences watched dancers glide across the stage in Alberta Ballet's rendition of *The Sleeping Beauty* last fall, they had no idea of the complexity of the set behind the pirouettes.

After years of constructing elaborate sets complete with mammoth castle towers and staircases, the company collected enough set pieces to fill its warehouse in the city's southeast. A solution was needed, so the team created something new: a set assembly kit.

Using modular pieces, the kit is a skeletal system that can be reconfigured in multiple ways and then flat-packed to save on storage. Chris George, president and CEO of Alberta Ballet, describes